

Idiom of the Month: TO BREAK OUT IN A COLD SWEAT

By Sarah Gudgeon

1. Tick the things that a lot of people are scared of:

- | | | |
|-------------|------------|-------------|
| a. snakes | b. spiders | c. flowers |
| d. the dark | e. flying | f. speaking |

2.

a. Read

I'm scared of spiders. I break out in a cold sweat every time I see one.

Me too! I hate spiders.
Urgh!

b. Complete:

I'm scared of _____ . I break out in a cold sweat every time I see one.

3. Class survey

a. Ask six people this question:

What makes you break out in a cold sweat?

b. Record their answers:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

c. Write up your results. Example:

In my class, one person breaks out in a cold sweat when she/he sees a snake on the television. Three other people break out in a cold sweat when they have to speak in public and two people when they have to get on a plane.



I. Tick the things that a lot of people are scared of: a, b, d, e, f