

To have one's nose in a book

Idiom of the month

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1. Write down 5 more types of books you can read:

1. contemporary fiction
- 2.
- 3.
- 4.
- 5.
- 6.

2a. Read

Lots of teenagers are bored in lockdown, aren't they?

Yes, they are but Lee is never bored! He's always got his nose in a book.

That's great. Reading is such a wonderful pastime.

It is but I think Lee should go outside sometimes too! He reads all day!

2b. Complete

People who _____ their _____ often forget about the world around them.

People who always 'have their nose in a book' read a lot and often become totally absorbed by what they are reading.

3. Write down 5 ways that having your nose in a book can help you feel good.

- | | |
|------------------------------------|----|
| a. You forget about your problems; | d. |
| b. | e. |
| c. | f. |

4a. Work with a partner. Talk about one of your favourite books. If you don't read many books, you can talk about magazines or digital platforms where you read about things that interest you (sport, video games, fashion etc).

For a book, talk about:

- the characters;
- the plot;
- why you like it.

For magazines/ digital platforms talk about:

- the topic;
- where you read about it;
- why you like the magazine/ digital platform.

4b. Share your thoughts with the rest of the class. Do any of you always have your nose in a book? Do you like the same kind of books? Do you read the same magazines or go on the same digital platforms to read about things that interest you?

Teacher's Notes

1. Examples: *non-fiction; comics; the classics; audio books; graded readers.*

2b. People who have their nose in a book often forget about the world around them.

3. *You don't get bored; you learn about different realities; you can 'live' different lives; you relax; you can experience different emotions.*

Ask students to share their personal experiences of the benefits of reading with you. Ask if they have started reading more since the start of the pandemic or if they have others ways of passing the time and relaxing.

4b. Elicit some functional phrases that students can use when presenting their ideas and put them on the board:

Personally, I read a lot of...contemporary fiction.

I always have my nose in a book.

I've always been an avid reader.

One of my favourite books is ...

I don't usually read a lot for pleasure but I do buy...the sports newspaper every weekend.

I'm not a big reader generally but I have started reading more since the start of the pandemic.

My brother/sister/mum/dad always has his/her nose in a book but I prefer using social media to read about things that interest me.

One of my favourite magazines is...

Remind the class to use some of the phrases from ex.1 and ex. 3.