

Classroom Resources

ACTIVITY New Year's Resolutions

1 Complete the resolutions with a verb from the box.

lose	get	spend	pay	learn
go	watch	make	take	help

- | | | | |
|---|---------------------------------|---|---------------------|
| a | ___ fit | f | ___ a new language |
| b | ___ weight | g | ___ back your debts |
| c | ___ more time with family | h | ___ less TV |
| d | ___ up a new hobby | i | ___ new friends |
| e | ___ out in your local community | j | ___ to bed earlier |

2 Discuss the questions below.

- Which New Year's resolutions from the list do think are most common among: i) Men? ii) Women? iii) Teenagers?
- How do businesses try to benefit from people's New Year's Resolutions?
- Have you ever kept a New Year's Resolution for a whole year?

3 Choose two new resolutions from the list above, or write resolutions of your own. Share your resolutions with the class.

This year I'm going to ...

4 What are these people's New Year's resolutions?

Complete the sentence for each person. Your answers can be funny or serious.



This year I'm going to ...

5 Share your pictures with other students. Did you write the same thing?

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Learning Objectives: A short activity to get students talking about New Year Resolutions.	Preparation Time: 10 minutes
	Completion Time: 20 minutes
Skill/Grammar: Speaking, vocabulary	Age/Level: Pre-Intermediate–Intermediate
Resources: New Year Activity	

- Ask the students some common New Year's Resolutions.
- Hand out a copy of New Year **ACTIVITY** section.
- Ask students to complete question 1.
- Check answers as a class.

Answers:

a get fit

b lose weight

c spend more time with family

d take up a new hobby

e help out in your local community

f learn a new language

g pay back your debts

h watch less TV

i make new friends

j go to bed earlier

- Put students into pairs or small groups and ask them to discuss the questions in part 2. Give students about 5 minutes to compare their ideas.
- Feedback answers from the class by inviting answers from 2 or 3 groups per question.
- Ask students to write their answers to question 3 and then tell their partners.
- Ask students to complete the resolutions for the people in the photos. Encourage them to write funny answers.
- Give students time to share their answers with partners or feedback their answers as a class.