

A New Sport Lesson Plan

Learning Objectives: To learn and practise phrasal verbs and other vocabulary related to sports.

Skills/Grammar: Speaking, Reading and Writing/Present Perfect

Preparation Time: 5 minutes

Completion Time: 90 minutes

Age/Level: Upper Secondary/Upper Intermediate–Advanced

Resources: Photographs of sports, A New Sport Dialogue, New Sports Worksheet, What Have You Done Game

Warm-Up

- Get some pictures (from the internet or magazines) of the sports listed below.
- Show the class the pictures and see if they know the names of these (extreme) sports in English.
- Show: kiteboarding, snowboarding, skiing, basejumping, parascending, hang-gliding, mountain biking, kayaking, white-water rafting, windsurfing, wakeboarding.
- Elicit or teach the vocabulary.
- Ask students if they have already done or would like to do any of these sports.

Presentation

- Present phrasal verbs related to the topic of sports with **A New Sport Dialogue**.
- Ask students to work in pairs to replace the phrasal verbs with the phrases below.
- Conduct feedback focussing on the phrasal verbs and giving other examples of sentences using them.

Practice

- Ask students to complete **New Sports Worksheet** for practise of vocabulary and present perfect.
- Check with the **Answer Key**.

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Skills Work: Writing and Speaking

- Put students into pairs.
- Ask them to now make up their own dialogue, discussing sports they have tried or would like to try.
- They should attempt to use as many of the phrasal verbs as possible.
- As they are writing, check their grammar and use of phrasal verbs.

Closure

- Ask for some volunteers to perform their dialogues.

A New Sport Dialogue

- Mick** Hey. What do you reckon? Isn't it about time we **1. took up** () a new sport?
- Carl** Yeah. Not a bad idea. What were you thinking? It could be fun to **2. get into** () snowboarding.
- Mick** Maybe. I like the idea of **3. heading off** () to the snow.
- Carl** Yeah, and it would be easy to **4. get on** () because we can already skateboard.
- Mick** Or there's always other sports on the slopes too. Skiing?
- Carl** Don't know about skiing really. I think we'd **5. pick up** () snowboarding quicker, and it's supposed to be more fun.
- Mick** Well there's always basejumping!
- Carl** What's that? The one where you launch yourself off a cliff or a building with a parachute? Sorry! I prefer to **6. look after** () myself!
- Mick** Don't worry, I wasn't serious. I prefer to stay alive too!
- Carl** So what about watersports? We can't snowboard all year round.
- Mick** Well, there's kiteboarding. That looks awesome. We'd get to **7. hook up with** () a really cool bunch of people.
- Carl** Yeah. And I've heard that if you **8. put in** () the effort, you can improve very fast.
- Mick** Well we could certainly **9. check it out** ().
- Carl** The only thing is, I've heard the kit is quite expensive. I can't afford to **10. cough up** () too much at the moment.
- Mick** Okay. Well, how does mountain biking grab you?
- Carl** That's possible. I'd definitely **11. get off** () **on** going downhill at speed.
- Mick** Cool. And I think I can **12. magic up** () a couple of bikes because my uncle and aunt never use theirs...

Work with a partner and try to decide which of the more formal phrases below could replace the phrasal verbs in bold.

- | | | |
|----------------------------|--------------------------------------|-----------------------|
| a. start being involved in | b. meet and become friendly with | c. provide/invest |
| d. take care of | e. get excited by | f. learn |
| g. do successfully | h. start doing | i. pay (money) |
| j. investigate | k. provide in unlikely circumstances | l. going on a journey |

New Sport Worksheet

1 Look at the sentences below and fill the gaps with a phrasal verb/s in the correct form.

take up
look after
get into

pick up
hook up
put in

check out
cough up
magic up

get on
get off (on)
head off

- a. If you want to _____ in your chosen sport, you need to _____ at least two hours, three times a week.
- b. It's always fun to _____ with other mountain bikers for a drink after riding.
- c. My Dad has just _____ golf and has _____ a fortune for new golf clubs.
- d. I think it's important to _____ lots of different bikes before making a choice on which to buy.
- e. You'll _____ wakeboarding really quickly, because you already have the skills from snowboarding.
- f. If my Mum _____ a new surfboard, I'll be able to get on the water at the weekend. She is _____ a friend's surf shop at the moment, so can get a big discount.
- g. I'm sure you'll _____ on kiteboarding. It's a real adrenalin sport.
- h. You may not enjoy parascending at first, but once you _____ it, it's an amazing feeling.
- i. Why don't we _____ to the coast for a windsurf this weekend?

2 Which of the sports listed below

- a. Take place in the water?
- b. Take place in the snow?
- c. Take place in the air?

kiteboarding, snowboarding, skiing, basejumping, parascending, hang-gliding, mountain biking, kayaking, white-water rafting, windsurfing, wakeboarding.

New Sport Worksheet

3 Collocations: Match the phrasal verbs to the examples. Underline the odd one out.

<i>Example</i>	<i>take up</i>	<i>a new sport/tennis/a <u>bike</u></i>
a. hook up with		a new sport/a new crowd/a new friend
b. check out		the prices/the equipment/the weekend
c. magic up		a new board/a new sport/a new bike
d. pick up		a new sport/wakeboarding/wakeboard
e. cough up		the money/for a new board/the new bike
f. head off		for the weekend/to the countryside/the mountains

4 Make questions using the present perfect.

<i>Example</i>	<i>You/try/mountain biking?</i>	<i>Have you ever tried mountain biking?</i>
a.	<i>You/take up/new sport/this year?</i>	
b.	<i>Which sports/you/do this year?</i>	
c.	<i>You/visit/mountains for winter sports?</i>	
d.	<i>You/ever/do/any watersports?</i>	

Now ask a partner.

What Have You Done Game

- Put students into two teams.
- The first person on Team 1 must ask a sports question using present perfect, e.g. *Have you ever played a game of doubles tennis?*
- The sentence should be grammatically correct to gain a point.
- The teacher should award 1 point to this team unless Team 2 challenges.
- If the sentence is incorrect and Team 2 challenges, Team 2 gets 2 points.
- If the challenge is incorrect, (the teacher is the judge) Team 1 gets 2 points.
- The first person on Team 2 must then answer the question using a sentence in the present perfect, and an adverb of frequency, e.g. *I've never played doubles tennis/ I've often played doubles tennis.*
- Again, award points for correct sentences/challenges, as above.
- The winner is the team with the most points.

Answer Key

A New Sports Dialogue Key

- | | | | | | |
|------|------|------|-------|-------|-------|
| 1. a | 2. h | 3. l | 4. g | 5. f | 6. d |
| 7. b | 8. c | 9. j | 10. i | 11. e | 12. k |

New Sports Worksheet Key

1

- | | |
|------------------------|----------------------------|
| a. get on/put in | f. magics up/looking after |
| b. hook up | g. get off |
| c. taken up/coughed up | h. get into |
| d. check out | i. head off |
| e. pick up | |

2

- d. **Take place in the water?** kiteboarding, parascending, kayaking, white-water rafting, windsurfing, wakeboarding
- e. **Take place in the snow?** snowboarding, skiing
- f. **Take place in the air?** kiteboarding, basejumping, parascending, hang-gliding

3

- | | |
|-----------------|--|
| a. hook up with | <u>a new sport/a new crowd/a new friend</u> |
| b. check out | the prices/the equipment/ <u>the weekend</u> |
| c. magic up | a new board/ <u>a new sport/a new bike</u> |
| d. pick up | a new sport/wakeboarding/ <u>wakeboard</u> |
| e. cough up | the money/ <u>for a new board/the new bike</u> |
| f. head off | for the weekend/to the countryside/ <u>the mountains</u> |

4

- a. Have you taken up a new sport this year?
- b. Which sports have you done this year?
- c. Have you (ever) visited the mountains for winter sports?
- d. Have you (ever) done any watersports?

- For further practice of present perfect play What Have You Done Game.